



Nulytely Preparation for Colonoscopy

Patient Check-In Time _____ Patient Procedure Date _____

The location where your Colonoscopy will take place:

_____ **Your GI Center at Pearland (Pearland Premier Surgery Center)**

2813 Smith Ranch Road, Pearland, TX 77584

****The front door opens at 7:00 a.m.**

****If you need to cancel or reschedule your procedure, please call (979) 285-9948**

****24 hour notice still required to avoid the \$50 fee for canceled procedure**

_____ **Your GI Center at Lake Jackson,**

109 Parking Way, Lake Jackson, TX 77566

****The front door opens at 7:00 a.m.**

****If you need to cancel or reschedule your procedure, please (979) 285-9948 with at least 24 hours notice.**

****Our office requires a 24 hour notice if you are going to cancel or reschedule your appointment otherwise a \$50 cancellation fee will be billed to you.**

_____ **Hospital**

****24 hour notice still required to avoid the \$50 fee for canceled procedure**

Patient Check List

- **Purchase**
 1. **Nulytely** (this is a prescription to be filled)
 2. Small box of **Dulcolax** tablets which can be found over the counter at your local pharmacy (you will only need two of these oral laxatives).
- Someone needs to accompany you to and from the facility because you will not be allowed to drive until 12 hours after the procedure. This is because medication will be given to you to help you relax during the test.
- Prescription blood thinners (**Coumadin, Plavix, Aggrenox**) and iron preparation must be stopped 5 days prior to the procedure (**aspirin is okay to take unless specifically instructed otherwise**) unless your physician has instructed you with an exception.
- All other medications can be taken on its normal schedule with sips of water.

- **DIABETIC PATIENTS:** On the day of colonoscopy, if you are on Insulin treatment, take only one third dose of the regularly scheduled insulin. If you are on diabetic pill, do not take any of the diabetic pills at all on the day of colonoscopy.
- **BLOOD PRESSURE PATIENTS:** Please take your blood pressure medication at your normal scheduled time.

Instructions on Preparation for Colonoscopy:

- **Two days before your Colonoscopy, take two Dulcolax tabs (Oral Laxative – over the counter) by mouth in the evening by 5:00pm. Follow a regular diet this day.**
- **One day before your Colonoscopy, eat breakfast by 9:00 a.m.** drink only clear liquids throughout the day. Solid foods, milk or milk products are **not** allowed.
 - **Clear liquids** include all of the following that are not colored red or purple: Strained fruit juices without pulp only (apple, white grape, lemonade), water, clear broth or bouillon, coffee or tea (without milk or nondairy creamer). Gatorade, carbonated and non-carbonated soft drinks, Kool-Aid (or other fruit flavored drinks), plain Jell-O (without added fruit or topping), and ice Popsicle. Look under the tab for **Diets** in our website at www.yourgicenter.com and get a detail list of foods for Clear Liquid Diet.
 - Starting at 5:00 PM on the day before the procedure, drink a 8 oz. glass of Nulytely every 15 minutes until all is finished. You may have water in-between drinking your preparation.
- **The day of your Colonoscopy, if you are scheduled for your Colonoscopy after 12 P.M. or later, then you are allowed to take small amount of water or coffee by 9 A.M. , but no milk or milk like products in your coffee.**