



979-292-0033  
713-436-8171  
888-292-0010

# Nulytely Preparation For Capsule

Patient Check-in Time \_\_\_\_\_

Patient Procedure Date \_\_\_\_\_

The location where your Procedure will take place:

## Your GI Center at Lake Jackson

**109 Parking Way, Lake Jackson, TX 77566**

\*\*The front door opens at 7:00 a.m.

\*\*If you need to cancel or reschedule your procedure, please call (979) 292-0033 with at least 24 hour notice.

\*\*Our office requires a 24-hour notice if you are going to cancel or reschedule your appointment otherwise a \$50 cancellation fee will be bill to you.

## Your GI Center at Pearland (Pearland Premier Surgery Center)

**2813 Smith Ranch Road, Pearland, TX 77584**

\*\*The front door opens at 7:00 a.m.

\*\*If you need to cancel or reschedule your procedure, please call (713) 436-8844 or (713) 436-8171

\*\*24-hour notice still required to avoid \$50.00 fee for canceled procedure

## Patient Check List

Purchase:

1. **Nulytely** (this is a prescription to be filled)
2. Small box of **Dulcolax** tablets which can be found over the counter at your local pharmacy (you will only need two of these oral laxatives).
3. If you use a **C-PAP** machine **please bring it with you** on the day of your procedure.
4. If you use a **Nebulizer**, please **do a breathing treatment before** coming in for your procedure.
5. If you use an **Inhaler**, **bring it in with you** on the day of you procedure.

## Instructions on Preparation for Wireless Capsule

- **One day before your Capsule, eat a regular lunch by 12 noon**, after lunch drink only clear liquids the rest of the day. Solid foods, milk or milk products are **NOT** allowed.
  - **Clear liquids** include all the following that are not colored red or purple: Strained fruit juices without pulp only (apple, white grape, lemonade), water, clear broth or bouillon, coffee or tea (without milk or nondairy creamer). Gatorade, carbonated and non-carbonated soft drinks, Kool-aid (or other fruit flavored drinks), plain Jell-O (without added fruit or topping), and ice Popsicle. Look under the tab for **Diets** on our website [www.yourgicenter.com](http://www.yourgicenter.com) and get a detail list of foods for Clear Liquid Diet.
  - Starting at **5:00 PM on the day before the capsule, drink 6- 8 oz glasses of Nulytely every 15 Minutes, you need to drink only half of the container of Nulytely** for this procedure, dispose the remainder of the Nulytely. You may have water in-between drinking your preparation.

**THE DAY BEFORE YOUR PROCEDURE**  
**DO NOT EAT ANY SOLID FOODS AND**  
**NOTHING TO DRINK AFTER MIDNIGHT.**  
**UNTIL YOUR PROCEDURE IS**  
**COMPLETE.**

**IF YOU ARE EXPERIENCING LOW**  
**SUGAR SYMPTOMS, IMMEDIATELY**  
**TAKE SOME SUGAR SOLUTION OR**  
**CLEAR JUICE SUCH AS APPLE JUICE.**